

# engaged.



2 SEPTEMBER 2021

## From Chelsea

Welcome to this week's edition of Engaged!

Another week has passed, and I hope the sun is shining in your area of the world. From my dining room table, I can see the blue skies and sun which is a welcome sight.

This week is all about wishing the men in our villages a special and safe Father's Day.

Although this year we might not be able to physically see our loved ones on Father's Day, we can call, zoom, message, and send love in many different ways.

Father's Day is also a perfect time to look back and reminisce on special moments you may have shared with your father or other father figures in your life. I know I have fond memories of learning to ride my bike with my dad.

We hope you enjoy your special day and spoil yourself with a sweet treat or two.

Keep safe and keep smiling ,



*Chelsea*

**Chelsea Richdale**

Operations Activity and  
Lifestyle Coordinator

### Send us your content!

We would love to hear from you!

Email us at  
**[engaged@rymanhealthcare.com](mailto:engaged@rymanhealthcare.com)**



### Where to explore online

- **MSO:** Get to know the Melbourne Symphony Orchestra including recorded performances from members of the Melbourne Symphony Orchestra.  
[www.mso.com.au](http://www.mso.com.au)
- **Melbourne Museum:** For virtual tours, history, jigsaw puzzles and so much more. Take a deep dive into the website:  
[www.museumsvictoria.com.au](http://www.museumsvictoria.com.au)
- **Zoo Victoria:** explore the zoo and meet the animals from the comfort of your home:  
[www.zoo.org.au/animals-at-home](http://www.zoo.org.au/animals-at-home)
- **Earth Cam:** Take a virtual trip and explore locations from all over the world.  
[www.earthcam.com](http://www.earthcam.com)

Do you love a good quiz? Why not test your knowledge on The New Daily Trivia quiz? You might learn a thing or two! Visit **[www.thenewdaily.com.au/puzzles/quiz-trivia](http://www.thenewdaily.com.au/puzzles/quiz-trivia)**

## SUDOKU

Fill in the grid so that every row, column and 3x3 box contains the digits 1 to 9

			6	3		5		2
			9			6		
6		5				3	8	
	7		8				2	6
		8				4		
5	2				6		1	
	3	6				2		8
		9			1			
8		7		6	2			

Easy

6							8	
4			8			7	2	
		7	1	6				
			8					7
	1		3			4		
3			4					
			1	9	6			
	5	9		8				3
	2							5

Medium

	8				3		9	5
1							6	
		9			4			
		8		6				
3				1				2
2	1			5		8	3	
							4	
	2		9	8				
			4			7		

Hard

## TRIO

The words in this puzzle can be completed using the same three-letter sequence. Can you find it?

FAT \_ \_ \_  
\_ \_ \_ O  
US \_ \_ \_  
C \_ \_ \_ ISH

## WORDsearch – Father's Day

P R X Y A D S R E H T A F D N A R G  
M R L F U N N Y P R O L E M O D E L  
A E D I U G D H R S I T X D N I K Y  
D E A G Y R E Q A C N M E J O K E R  
V D D J L A V N C F A V D K O F L U  
I R D A G N O R T S O R Q A J L O O  
C F Y C Y D T R I L C L E V E R V M  
E O X O P A E R C F E H F F S A I U  
L R F A C D D Z A L I T E A U H N H  
S P E C I A L R L M S O N L M L G W  
U A M H C D E X P U S T F E P I P A  
T P X R A G N I R I P S N I T F L O  
E P N S R I S T S S E L F L E S U Y  
N O C H I L D R E N H O N E S T I L  
D P H A N D Y O B G E N E R O U S L  
E S T I G S L M L U I N S T R U C T  
R E V I T R O P P U S F G I M E A L  
P A T I E N T G S G B Y T P A T E R

ADMIRE  
ADVICE  
BUSY  
CAREFUL  
CARING  
CHILDREN  
CLEVER  
COACH  
DAD  
DADDY  
DEVOTED  
FAMILY  
FATHERS DAY  
FUNNY  
GENEROUS  
GENTLE

GIFT  
GRANDAD  
GRANDFATHER  
GUIDE  
HANDY  
HELPFUL  
HONEST  
HUMOUR  
IDOL  
INSPIRING  
INSTRUCT  
JOKER  
KIND  
LISTEN  
LOVED  
LOVING

LOYAL  
MEAL  
PA  
PATER  
PATIENT  
POPPA  
PRACTICAL  
ROLE MODEL  
SELFLESS  
SMART  
SON  
SPECIAL  
STRONG  
SUPPORTIVE  
TENDER  
TRUST

## SOLUTIONS

**Sudoku**

8	5	7	3	6	2	1	4	9
2	4	9	5	8	1	7	6	3
1	3	6	7	4	9	2	5	8
5	2	3	4	9	6	8	1	7
9	6	8	1	2	7	4	3	5
4	7	1	8	5	3	9	2	6
6	9	5	2	7	4	3	8	1
3	8	2	9	1	5	6	7	4
7	1	4	6	3	8	5	9	2

Easy

**Medium**

1	2	6	3	7	4	8	9	5
7	5	9	6	2	8	4	1	3
8	4	3	5	1	9	6	7	2
3	7	8	2	4	5	1	6	9
9	1	5	7	3	6	2	4	8
2	6	4	9	8	1	3	5	7
5	8	7	1	9	2	6	3	4
4	9	1	8	5	3	7	2	6
6	3	2	4	9	7	5	8	1

Medium

**Hard**

9	5	1	4	6	2	7	8	3
4	2	3	9	8	7	5	1	6
8	6	7	1	3	5	2	4	9
2	1	6	7	5	9	8	3	4
3	9	5	8	4	1	9	7	2
7	4	8	3	2	6	9	5	1
5	3	9	6	1	8	4	2	7
1	7	2	5	9	4	3	6	8
6	8	4	2	7	3	1	9	5

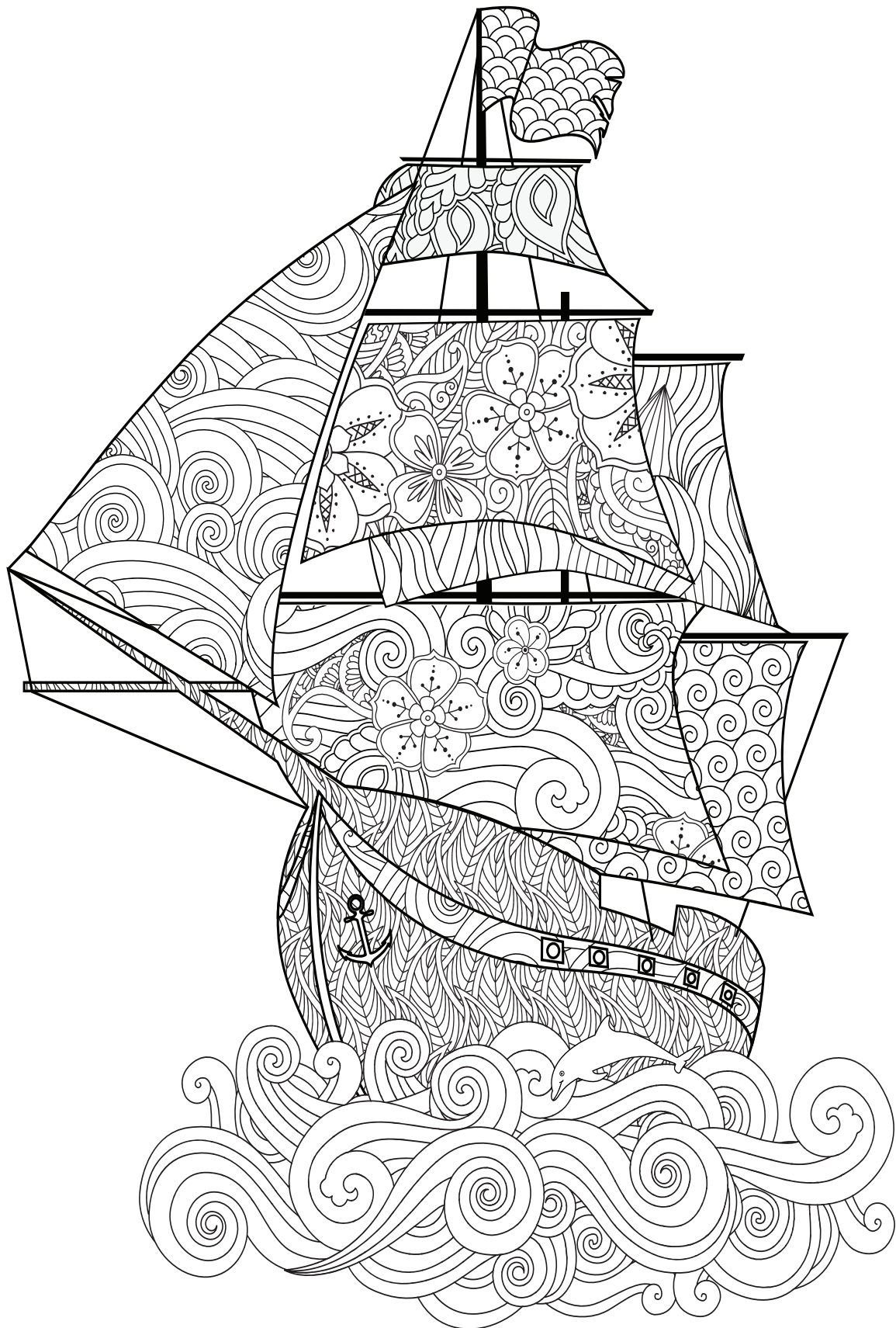
Hard

## Wordsearch

P	A	T	I	E	N	T	G	S	G	B	Y	T	P	A	T	E	R
R	E	V	I	T	R	O	P	P	U	S	F	G	I	M	E	A	L
E	S	T	I	G	S	L	M	L	U	I	N	S	T	R	U	C	T
D	P	H	A	N	D	Y	O	B	G	E	N	E	R	O	U	S	L
N	O	C	H	I	L	D	R	E	N	H	O	N	E	S	T	I	L
E	P	N	S	R	I	S	T	S	S	E	L	F	L	E	S	U	Y
T	P	X	R	A	G	N	I	R	I	P	S	N	I	T	F	L	O
U	A	M	H	C	D	E	X	P	U	S	T	F	E	P	I	P	A
S	P	E	C	I	A	L	R	L	M	S	O	N	L	M	L	G	W
I	R	D	A	G	N	O	R	T	S	O	R	Q	A	J	L	O	O
C	F	Y	C	Y	D	T	R	I	L	C	L	E	V	E	R	V	M
D	E	A	G	Y	R	E	Q	A	C	N	M	E	J	O	K	E	R
V	D	D	J	L	A	V	N	C	F	A	V	D	K	O	F	L	U
A	E	D	I	U	G	D	H	R	S	I	T	X	D	N	I	K	Y
M	R	L	F	U	N	N	Y	P	R	O	L	E	M	O	D	E	L
P	R	X	Y	A	D	S	R	E	H	T	A	F	D	N	A	R	G

Trio

Colour me!





A vintage typewriter with a cream-colored body and dark keys sits on a light-colored wooden desk. To its right is a small, green, succulent-like plant in a pot. Below the typewriter, a portion of a dark brown wooden picture frame is visible. The background is a light-colored wooden surface.

## Let's get creative!

We would love for you to participate in our short story competition. We are calling all residents who enjoy writing to give it a go and create a short story using the theme of **Reminiscing**. We can't wait to read what you all come up with.

**Send to: [engaged@rymanhealthcare.com](mailto:engaged@rymanhealthcare.com)**

To get you started we hope you enjoy this lovely story from Lorraine Quinn at Margaret Stoddart village.

### It's All About the Birds

She came into my serviced apartment unexpectedly. I was delighted, for I have always loved cats. Sleek, black and beautiful, she was wearing a collar with a small bell attached. The floor to ceiling windows and the view into the enclosed courtyard were the attraction, not the incumbent resident!

Each morning my ritual includes tossing some birdseed out to the gathering flock of small creatures awaiting their breakfast. I had espied this cat, some days before, scaling at great speed, a branch on the large Silk tree in the courtyard, hoping to snatch a quick takeaway. I was horrified!

This bird snatcher had recently been acquired by the Village as their last dear cat had died of old age. A competition for a name resulted in this three-year-old moggy being given the title of 'Luna'. As far as I was concerned it should have had a 'tic' on the end of its name! Fancy bringing a bird stalking machine into this Village where many of its residents loved to feed the birds! Animosity arose within me!

That evening my thoughts turned to Luna. What if I could make friends with her and encourage her to spend time watching the birds from inside my room, leaving my feathered friends safe to come and enjoy the seed I scattered for them.

Luna is here with me now. She is peeping out from under the drapes, enjoying watching those small birds enjoying their breakfast. She is such an interesting cat - seems almost human at times.

Luna and I have the best of both worlds and are grateful to be in this lovely Village. Luna visits many of the residents. Some really enjoy her visits, being true cat lovers. May her life in the Village be a long and happy one.