

#### Gilda

# April 2024

## **RYMAN** e n g a g e

#### Monday

#### Tuesday

## Wednesday

#### **Thursday**

### **Friday**

#### Saturday Sunday

10.30am Triple A in Gilda

& George 1.00pm Bingo in Gilda

#### Garden walk 9.30am 10.30am News & Views 11.00am Triple A 11.30am Mind Benders 2.00pm Armchair travel 3.30pm Book club

Garden walk
News & Views
Triple A
Mind Benders
Make & Create
Making Memories

3	
9.00am	Out & About
10.30am	News & Views
11.00am	Triple A
11.30am	Mind Benders
2.00pm	Happy Hour with
-	entertainment
3.30pm	One on one

4	
9.30am	Garden walk
10.30am	News & Views
11.00am	Triple A
11.30am	Mind Benders
1.30pm	Movie
3.30pm	Musical Moments
11.30am 1.30pm	Mind Benders Movie

5	
9.30am	Garden walk
10.00am	News & Views
10.30am	Active Games
II.00am	Triple A
11.30am	Mind Benders
2.00pm	Bingo
3.30pm	Making Memories

7	Daylight Savings
	Ends
10.30am	Triple A in Gilda
	& George
1.00pm	World Health Day
	program
	-

8	
9.30am	Garden walk
10.30am	News & Views
11.00am	Triple A
11.30am	Mind Benders
2.00pm	Men's & Ladies Club
3.30pm	Book club

9	
9.30am	Garden walk
10.30am	News & Views
l I.00am	Triple A
I I.30am	Mind Benders
2.00pm	Active Games
3.30pm	Memory Lane
•	,

10	*
9.00am	Out & About
10.30am	News & Views
11.00am	Triple A
11.30am	Mind Benders
1.30pm	Monthly birthday
	celebrations
2.00pm	Happy Hour with
	entertainment

9.30am	Garden walk
10.30am	News & Views
11.00am	Triple A
11.30am	Mind Benders
1.30pm	Movie
3.30pm	Sensational Senses
•	

12	
9.30am	Garden walk
10.00am	News & Views
10.30am	Active Games
11.00am	Triple A
11.30am	Mind Benders
2.00pm	Bingo
3.30pm	Memory Lane
(	-

13		14	
10.30am	Triple A in Gilda	10.30am	Triple A in Gilda
	& George		& George
1.00pm	Active Games in	1.00pm	Bingo in George
·	George	-	
	J		

15	
9.30am	Garden walk
10.30am	News & Views
11.00am	Triple A
11.30am	Mind Benders
2.00pm	Quiz & trivia
3.30pm	Book club
-	

Garden walk
News & Views
Triple A
Mind Benders
Make & Create
Making Memories

17	
9.00am	Out & About
10.30am	News & Views
11.00am	Triple A
11.30am	Mind Benders
2.00pm	Happy Hour with
	entertainment
3.30pm	One on one
·	

18	
9.30am	Garden walk
10.30am	News & Views
11.00am	Triple A
II.30am	Mind Benders
1.30pm	Movie
3.30pm	Musical Moments
•	

9.30am	Garden walk
10.00am	News & Views
10.30am	Active Games
11.00am	Triple A
11.30am	Mind Benders
2.00pm	Bingo
3.00pm	Catholic service
3.30pm	Making Memories

3.30pm Making Memories

		21	
n	Triple A in Gilda	10.30am	Triple A in Gilda
	& George		& George
	Musical Moments	1.00pm	Puzzles & board
			games

Garden walk
News & Views
Triple A
Mind Benders
Musical Moments
Book club

	25		24	
	9.30am	Garden walk	9.00am	Out & About
	10.30am	News & Views	10.30am	News & Views
	11.00am	Triple A	11.00am	Triple A
	11.30am	Mind Benders	11.30am	Mind Benders
	2.00pm	Anzac Day activity	2.00pm	Happy Hour with
	3.30pm	Memory Lane		entertainment
			3.00pm	Anglican service
١				

25	Anzac Day
9.30am	Garden walk
10.30am	News & Views
II.00am	Triple A
11.30am	Mind Benders
1.30pm	Movie
3.30pm	Sensational Senses

26			27	
9.30am	Garden walk		10.30am	Triple A in Gilda
10.00am	News & Views	П		& George
10.30am	Active Games	П	1.00pm	Active Games in
11.00am	Triple A	П		Gilda
11.30am	Mind Benders	П		
2.00pm	Bingo	П		

20 10.30am

1.00pm

28	
10.30am	Triple A in Gilda
	& George
1.00pm	Musical Moments

	29
_	^

29	
9.30am	Garden walk
10.30am	News & Views
11.00am	Triple A
11.30am	Mind Benders
2.00pm	Men's & Ladies Clul
3.30pm	Book club
-	

30	
9.30am 10.30am	Garden walk News & Views
I I.00am	Triple A
11.30am 2.00pm	Mind Benders Make & Create
3.30pm	Making Memories

* 3.30pm	Wednesday 10 One on one	