

Special Care: Mexico – myRyman Life

The following activities are available in the mornings with the care companions on an ad hoc basis

- Active recreation – croquet, bowls, pentaque, mini golf
- Reading and poetry
- Knitting, embroidery, crochet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation
- Walking group
- Resident choir
- Reminiscing discussion
- Activities of daily living – making soups, baking, laundry, dishes
- Craft activities – making cards, adult colouring, painting

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1 Easter Monday & April Fools Day
1.30pm Bus trip
3.30pm Relaxation time
4.00pm Book reading

2
1.30pm Triple A
2.00pm News & Views
3.00pm Guess the bird /animal quiz
4.00pm Active Games

3
1.30pm Triple A
2.00pm News & Views
3.00pm Nail Care
4.00pm World Health Day decoration making

4
1.30pm Triple A
2.00pm News & Views
2.30pm Sing-along
3.00pm Ray entertains
3.30pm Happy Hour

5
1.30pm Triple A
2.00pm News & Views
3.00pm Resparke - special hits music
4.00pm Bingo

6
1.30pm Triple A
2.00pm Memory Lane
3.00pm Walk/coffee club
4.00pm Sing-along with musical instrument

7 *World Health Day
1.30pm One-on-one
2.00pm Triple A
3.00pm Gardening
4.00pm World Health Day celebrations

8
1.30pm Bus trip
3.30pm Recreation time
4.00pm AFL stories

9
1.30pm Triple A
2.00pm News & Views
3.00pm Men's Club dominoes
3.00pm Women's Club
4.00pm Active Games

10
1.30pm Triple A
2.00pm News & Views
3.00pm Smell the herbs
4.00pm Anzac Day - Make & Create

11
1.30pm Triple A
2.00pm News & Views
2.30pm Sing-along
3.00pm Entertainer
3.30pm Happy Hour

12
1.30pm Triple A
2.00pm News & Views
3.00pm Resparke - 1950's music
4.00pm Bingo

13
1.30pm Triple A
2.00pm Memory Lane
3.00pm Walk/coffee club
4.00pm Reminiscing childhood

14 *
1.30pm One-on-one
2.00pm Triple A
3.00pm Nail care session
4.00pm Word in a word game

15
1.30pm Bus trip
3.30pm Leisure time
4.00pm Pam Ayers poetry

16
1.30pm Triple A
2.00pm News & Views
3.00pm Nine letter word game
4.00pm Active Games - balloon volleyball

17
1.30pm Triple A
2.00pm News & Views
3.00pm Colour sorting
4.00pm Anzac Day - poppy flowers making

18
1.30pm Triple A
2.00pm News & Views
2.30pm Sing-along - ABBA
3.00pm Happy Hour with Cassandra Saul

19
1.30pm Triple A
2.00pm News & Views
3.00pm Resparke - 1960's music
4.00pm Bingo

20
1.30pm Triple A
2.00pm Memory Lane
3.00pm Walk/coffee club
4.00pm Anzac Day poems

21 *
2.00pm Triple A
3.00pm Putting up Anzac Day decorations
4.00pm Memories of Anzac Day

22
1.30pm Bus trip
3.30pm Relaxation time
4.00pm Short stories

23
1.30pm Triple A
2.00pm News & Views
3.00pm Men's Club
3.00pm Women's Club
4.00pm Active Games

24
1.30pm Triple A
2.00pm News & Views
3.00pm Watering plants
4.00pm Anzac Day - decoration making

25 Anzac Day
1.30pm Triple A
2.00pm News & Views
3.00pm Anzac Day stories
3.30pm Happy Hour

26
1.30pm Triple A
2.00pm News & Views
3.00pm Resparke - 1970's music
4.00pm Bingo

27
1.30pm Triple A
2.00pm Memory Lane
3.00pm Walk/coffee club
4.00pm Dance Day special dances

28 *
2.00pm Triple A
3.00pm Int'l Dance Day decoration making
4.00pm Conversations on kinds of dance

29 International Dance Day
1.30pm Bus trip
2.30pm Ballroom dancers
3.30pm Dance Day celebrations

30
1.30pm Triple A
2.00pm News & Views
3.00pm Guess the fruits / vegetables quiz
4.00pm Active Games

* Sunday 7
Day light savings ends

* Every Sunday
11.30am Songs of praise - church service
Sunday 21 & 28
1.30pm One-on-one