

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1
10.45am News & Views/
discussion
11.15am Triple A
1.30pm Ladies Club - cafe
2.30pm Balloon badminton
3.30pm Hand & nail care

2
10.45am News & Views/
discussion
11.15am Triple A
1.00pm Documentary/rest time
2.00pm Bingo
3.30pm Musical Moments &
one-on-one sensory
stimulation

3
10.45am News & Views/
discussion
11.15am Triple A
1.30pm Mind Benders
2.00pm Active Games -
mini golf
3.00pm Memory Lane

4 *
10.00am Songs of praise
11.00am News & Views/
discussion
11.30am Triple A
1.30pm Movie/music
2.00pm Sensational Senses -
toasted sandwiches
2.30pm Susan on guitar

5
10.45am News & Views/
discussion
11.15am Triple A
11.45am Mind Benders
2.00pm Bingo
3.45pm Documentary/music

6
10.45am Morning Melodies with
Micheal Reid
2.00pm News & Views
2.00pm Triple A
3.00pm Happy Hour

7
10.45am News & Views/
discussion
11.15am Triple A
1.00pm Out & About
1.00pm Musical Moments
1.30pm Italian coffee club
2.00pm Make & Create

8
10.45am News & Views/
discussion
11.15am Triple A
1.30pm Ladies Club - cafe
2.00pm Men's Club
3.30pm Hand & nail care

9
10.45am News & Views/
discussion
11.15am Triple A
1.00pm Documentary/rest time
2.00pm Bingo
3.30pm Musical Moments &
one-on-one sensory
stimulation

10 Chinese New Year
10.45am News & Views/
discussion
11.15am Triple A
1.30pm Mind Benders
2.00pm Active Games -
balloon badminton
3.00pm Memory Lane -
grocery's

11 *
10.00am Songs of praise
11.00am News & Views/
discussion
11.30am Triple A
1.30pm Movie/music
2.00pm Sensational Senses -
spring rolls &
chicken dumpling

12
10.45am News & Views/
discussion
11.15am Triple A
11.45am Mind Benders
2.00pm Bingo
3.45pm Documentary/music

13
10.45am Morning Melodies with
Steve Van
2.00pm News & Views
2.00pm Triple A
3.00pm Happy Hour

14 Happy Valentine's Day
10.45am News & Views/
discussion
11.15am Triple A
1.00pm Out & About
1.00pm Musical Moments
1.30pm Italian coffee club
2.00pm Special afternoon tea
with sharing memories

15
10.45am News & Views/
discussion
11.15am Triple A
1.30pm Ladies Club - cafe
2.30pm Ball in basket
3.30pm Hand & nail care

16
10.45am News & Views/
discussion
11.15am Triple A
1.00pm Documentary/rest time
2.00pm Bingo
3.30pm Musical Moments &
one-on-one sensory
stimulation

17
10.45am News & Views/
discussion
11.15am Triple A
1.30pm Mind Benders
2.00pm Active Games -
snakes & ladders
3.00pm Memory Lane -
dances

18
10.45am Songs of praise with
Steve Van
2.00pm Sensational Senses -
February Birthday
Celebrations -
coffee & cake
2.30pm Susan on guitar
3.00pm Devotions with Bill

19
10.45am News & Views/
discussion
11.15am Triple A
11.45am Mind Benders
2.00pm Bingo
3.45pm Documentary/music

20
10.45am News & Views
2.00pm Triple A
2.00pm Joe Sozario entertains
3.00pm Happy Hour

21
10.45am News & Views/
discussion
11.15am Triple A
1.00pm Out & About
1.00pm Musical Moments
1.30pm Italian coffee club
2.00pm Make & Create -
making cards

22
10.45am News & Views/
discussion
11.15am Triple A
1.30pm Ladies Club - cafe
2.00pm Men's Club
3.30pm Hand & nail care

23
10.45am News & Views/
discussion
11.15am Triple A
1.00pm Documentary/rest time
2.00pm Bingo
3.30pm Musical Moments &
one-on-one sensory
stimulation

24
10.45am News & Views/
discussion
11.15am Triple A
1.30pm Mind Benders
2.00pm Active Games -
ten pin bowling
3.00pm Memory Lane -
first dances

25 *
10.00am Songs of praise
11.00am News & Views/
discussion
11.30am Triple A
1.30pm Movie/music

26
10.45am News & Views/
discussion
11.15am Triple A
11.45am Mind Benders
2.00pm Bingo
3.45pm Documentary/music

27
10.45am Morning Melodies with
Rob Fernando
2.00pm News & Views
2.00pm Triple A
3.00pm Happy Hour

28
10.45am News & Views/
discussion
11.15am Triple A
1.00pm Out & About
1.00pm Musical Moments
1.30pm Italian coffee club
2.00pm Make & Create

29
10.45am News & Views/
discussion
11.15am Triple A
1.30pm Ladies Club - cafe
2.30pm Snakes & ladders
3.30pm Hand & nail care

* **Sunday 4**
3.00pm Devotions with Bill
Sunday 11
3.00pm Movie/music
Sunday 25
2.00pm Sensational Senses -
hot dogs with
cheese, bacon &
onion